

## Learning objectives from the “Discovering the Real Me” Curriculum, Level 1-4

### Appreciation

1. The Goatherd and the Wild Goats

### Caring

4. The Queen of Bees

### Conflict Resolution Skills

2. The Fighting Cocks and the Eagle

### Confidence

1. The Stag and His Reflection
4. The Ugly Duckling

### Cooperation

1. The Blind Men and the Elephant
1. The Ant and the Dove
2. The Belly and Its Members
3. The Giant Turnip

### Courage

1. Belling the Cat
3. The Tiger's Whisker
3. Taro, Son of the Dragon
4. The Little Match Girl
4. The Loyal Tin Soldier
4. Tom Thumb
4. The Six Swans

### Diligence

1. The Ants and the Grasshopper

### Empathy

2. Jupiter and the Monkey

3. The Crane's Gratitude

3. The Princess and the Peace
4. The Little Match Girl
4. The Ugly Duckling

### Fairness

3. The Little Red Hen
3. The Cat in the Corner
3. The Lost Ax
4. The Elves and the Shoemaker
4. The Fisherman and His Wife
4. Mother Holly

4. The Mouse, the Bird, and the Sausage

### Forgiveness

4. The Nightingale

### Generosity

4. The Nightingale

### Gentleness

1. The North Wind and the Sun

### Gratitude

1. The Dog and His Reflection
1. The Stag and His Reflection
1. The Goose and the Golden Egg
2. The Country Mouse and the Town Mouse
3. A Piece of Straw
3. The Crane's Gratitude
4. The Elves and the Shoemaker

4. The Fisherman and His Wife

### Helpfulness

2. The Flies and the Honey Pot
3. The Little Red Hen
3. The Cat in the Corner
4. Mother Holly

### Honesty

2. The Woodcutter and the Fox
3. Out of the Ashes
4. It's Perfectly True

### Hopefulness

3. The Lost Horse
3. Be Careful What You Wish For—You Might Get It!
4. The Little Match Girl
4. The Ugly Duckling

### Humility

2. Frog Friends
2. The Oak and the Reeds
4. The Fox and the Cat

### Kindness

1. The Ant and the Dove
1. The Lion and the Mouse
3. The Crane's Gratitude
3. The Lost Ax
3. The Owl
3. Roses and Diamonds, Snakes and Toads
3. The Princess and the Peace

4. The Water of Life

### **Loyalty**

2. The Bear and the Two Travelers

2. The Goatherd and the Wild Goats

2. The Woodcutter and the Fox

4. The Loyal Tin Soldier

4. Faithful Francis and Loyal Linda

4. The Six Swans

### **Obedience**

2. The Country Mouse and the Town Mouse

### **Patience**

2. The Donkey and His Driver

3. Out of the Ashes

### **Peacefulness**

1. The Two Goats

### **Perseverance**

1. The Crow and the Pitcher

1. The Hare and the Tortoise

2. Hercules and the Wagoner

3. Try, Try Again

4. The Six Swans

### **Politeness**

1. The North Wind and the Sun

3. The Owl

### **Realistic Expectations**

3. Be Careful What You Wish For—You Might Get It!

### **Resist Peer Pressure**

1. The Fox and the Crow

### **Resourcefulness**

3. Stone Soup

4. Tom Thumb

### **Respect**

1. The Lion and the Gnat

1. The Hare and the Tortoise

2. The Fox and the Stork

2. The Boys and the Frog

2. Jupiter and the Monkey

3. The Little Red Hen

4. The Queen of Bees

4. The Fox and the Cat

### **Responsibility**

1. The Ants and the Grasshopper

2. The Milkmaid and Her Pail

2. The Flies and the Honey Pot

4. The Mouse, the Bird, and the Sausage

### **Sacrificial Love**

3. The Place of Brotherhood

3. The Tiger's Whisker

3. Taro, Son of the Dragon

### **Self-Discipline**

1. The Bear and the Bees

2. The Boy and the Nuts

### **Sharing**

3. Stone Soup

3. Roses and Diamonds, Snakes and Toads

### **Teamwork**

2. The Belly and Its Members

### **Trustworthiness**

1. The Shepherd Boy and the Wolf

1. The Boys and the Lost Wallet

4. The Frog Prince

### **Unity**

1. The Farmer and the Bundle of Sticks

3. The Giant Turnip

### **Unselfishness**

4. The Red Shoes

4. The Frog Prince

4. The Water of Life

## Learning objectives from the “Discovering the Real Me” Curriculum, Level 5 - 8

### Addictions

8 – A Life Changes

### Bullying

5 - I Am Valuable

6 – Quit Picking on Me

7 – Brendan and the Bullies

### Cheating

5 – Righting a Wrong

6 – My Best Friend?

7 – No Fair

### Civic duty

8 – Civic Duty

### Cliques

5 – A True Friend

### Commitment

7 – A Loyal Friend?

### Community

8 – I Belong to a Community

### Compassion

8 – The Gift

### Competitiveness

5 – It’s Okay to Be in Second Place

### Conflict-Resolution

6 – Peacemaking

8 – Resolving Conflicts

### Conscience

6 – The Voice

7 – Finding Your Way Home

### Cooperate

5 – Learning to Cooperate the Hard Way

8 – Cooperation

### Coping

7 – A New Friend

8 – A Life Changes

### Courage

5 – Over the Edge with “Brave” Bob

7 – Brendan and the Bullies

### Diplomacy

6 – Getting Along with Others

### Disappointment

5 – You Can’t Always Get What You Want

### Empathy

6 – Finding My Real Value

### Failure

8 – The Loser

### Fairness

7 – No Fair

### Family

6 – My Role in My Family

7 – Family or Friends?

### Freedom

8 – “I Hate You, Mom and Dad”

### Friendship

5- Suzy’s Skills

6 – My Best Friend?

6 – Far-Away Friend

6 – A Good Friend

7 – A New Friend

8 – Family or Friends?

### Generosity

8 – Giving

### Good organization

5 – Me and My Things

### Gratitude

6 – An Attitude of Gratitude

### Habits

7 – Going Nowhere Fast

### Health

7 – Everything’s Changing

### Helping at home

5 - Time with Mom and Dad

6 – The Cramers Get It Right

### Heroism

5 – Over the Edge with “Brave” Bob

### Honesty

7 – The Best Policy

## **Humility**

7 – The Dark Horse

## **Infatuation**

8 – Opposites Attract”

## **Integrity**

7 – Who Am I?

## **Judgmental**

7 – Could I Have Been Wrong?

## **Legacy**

5 – Making Grandfather Proud

## **Loyalty**

5 – Suzy’s Skills

7 – Friends and More Than Friends

7 – A Loyal Friend?

## **Motivation**

5 – The Melting Pot

## **Patience**

7 – Mike and the Model Airplane

## **Peer Pressure**

7 – Joey’s Dare

8 – Pablo’s Choice

8 – Saying “No”

## **Perfectionism**

6 – Mr.”Perfect”

## **Perseverance**

5 – Don’t Give Up!

6 – Tommy the Tortoise

## **Pollution**

8 – The World Around Us

## **Popularity**

8 – Who’s the Loser Now?

## **Pride**

5 Don’t Let Pride Stand in Your Way

## **Puberty**

7 – Everything’s Changing

## **Purposefulness**

7 – My Purpose in Life

## **Respect**

5 – Teacher’s Pet

6 – Respect Me

7 – Could I Have Been Wrong?

## **Responsibility**

6 – What Is Precious to Me

7 – Billy Blows It

8 – “I Hate You, Mom and Dad”

## **Restitution**

6 – The Voice

## **Rewards**

5 – Grades Do Count

## **Romance**

8 – Opposites Attract

## **Sacrifice**

6 – Tommy the Tortoise

## **Self-Discovery**

7 – My Inner World

## **Self-Worth**

6 – Mr. “Perfect”

## **Selfishness**

6 – Getting Along with Others

## **Sexuality**

8 – Dangerous Attraction

8 – The Drive

## **Sportsmanship**

5 – It’s Okay to Be in Second Place

7 – No Fair

## **Stealing**

5 Doing the Right Thing

## **Stress**

6 – Handling a Hurricane

## **Talents**

8 – The Gift

## **Tattling**

6 – A Good Friend

## **Trust**

7 – Friends and More Than Friends

7 – Billy Blows It

## Learning objectives from the “Discovering the Real Me” Curriculum, Level 9 - 12

### Altruism

- 9 - The Purpose of Growth
- 10 – How Do I Find My Value?
- 11 – A Leader Lives Altruistically
- 11 – Leading a Noble Life
- 12 – Happiness
- 12 – Altruistic Love

### Beliefs

- 9 - What Kind of Person Will I Be?

### Belonging

- 12 – Groups and Belonging

### Budgeting

- 11 – Money, Money ...

### Change

- 9 – Why We Don’t Want to Change
- 12 – The Thief and the Mask

### Citizenship

- 11 – Leadership by the People

### Commitment

- 11 – Preparation for a Successful Marriage
- 12 – Commitment and Loyalty

### Communication

- 10 – Communication Skills

### Conflict

- 10 – Am I My Own Boss?
- 10 – Resolving Inner Conflict

- 10 – Resolving Conflict and Forgiveness

- 12 – Me and My Shadow

### Conscience

- 9 – Conscience

### Cooperation

- 11 – Taking the Lead in Understanding Each Other

### Decision-making

- 9 - What Kind of Person Will I Be?
- 11- You Are the Leader
- 12 – Happiness
- 12 – Choose Your Destiny
- 12 – The Individual, Family, and Society

### Desires

- 9 - Do You Want to Be Happy?

### Discernment

- 9 – Conscience
- 9 – Good and Bad

### Diversity

- 11 – Becoming Leaders in a Diverse World

### Divorce

- 12 – Marriage and Divorce

### Drinking

- 9 – Peer Pressure, Smoking, Drinking and Drugs

### Drug abuse

- 9 – Peer Pressure, Smoking, Drinking and Drugs

### Emotions

- 12 – Our Emotional Life

### Empathy

- 10 – Am I My Own Boss?
- 10 – What Do Parents Really Think?
- 11 – The Single-Parent Family
- 11 – Respect and Tolerance
- 12 – I Can Make a Difference
- 12 – A Life Worth Living

### Environment

- 11 – Leading the Natural World

### Family

- 12 – The Individual, Family, and Society

### Fidelity

- 11 – Preparation for a Successful Marriage

### Forgiveness

- 10 – Resolving Conflict and Forgiveness

### Freedom

- 9 – Freedom and Responsibility
- 11 – Leadership by the People

### Friendship

- 10 – Friendship
- 10 – Falling in Love, Friendship and Real Love

## **Fulfillment**

12 – A Life Worth Living

## **Gender**

9 - Masculinity and Femininity

## **Goals**

9 - My Purpose in Life

Goodness

9 – Good and Bad

## **Growth**

9 - The Process of Growth

## **Happiness**

9 - Do You Want to Be Happy?

9 - My Purpose in Life

12 – Happiness

12 – Altruistic Love

12 – Making a Difference through Service

## **Heroes**

11 – Leading a Noble Life

## **Honesty**

9 – Honesty

11 – Money, Money ...

## **Hormones**

9 – The Teenage Years

## **Humanity**

9 – The Value of Life

## **Initiative**

12 – I Can Make a Difference

## **Infatuation**

10 – Falling in Love, Friendship and Real Love

11 – Playing the Romantic Lead in Your Life

## **Integrity**

10 – Human Sexuality and Integrity

## **Internal Aspects**

9 - Who Am I?

## **Leadership**

11 – You Are the Leader

11 – A Leader Lives Altruistically

11 – Leadership by the People

11 – Leadership

11 – Moral Leadership: Looking to Philosophy and Religion

11 – Becoming Leaders in a Diverse World

12 – Under Fire

## **Life**

9 – The Value of Life

12 – A Motto for Life

## **Listening**

11 – Taking the Lead in Understanding Each Other

## **Love**

9 - Human Nature

10 – Love the Greatest Value

10 – Falling in Love, Friendship and Real Love

10 – The Family as the School of Love

## **Loyalty**

12 – Commitment and Loyalty

## **Marriage**

10 – Preparation for Marriage

11 – Playing the Romantic Lead in Your Life

11 – Preparation for a Successful Marriage

12 – Marriage and Divorce

## **Materialism**

11 – Money, Money ...

## **Maturation**

9 – The Teenage Years

## **Meaning**

12 – Searching for Meaning

## **Motto**

12 – A Motto for Life

## **Peer Pressure**

9 – Peer Pressure: Smoking, Drinking and Drugs

## **Philosophy**

11 – Moral Leadership: Looking to Philosophy and Religion

## **Potential**

9 – Why We Don't Want to Change

## **Power**

11 – Leadership by the People

## **Purity**

10 – The Challenge of Purity

## **Relationships**

9 - The World of Relationships

10 – How We Relate

10 – Respect in Relationships

10 – Broken Relationships

10 – Resolving Conflict and Forgiveness

11 – Relationship Skills

12 - Commitment and Loyalty

## **Religion**

11 – Moral Leadership:  
Looking to Philosophy and Religion

## **Respect**

10 – Respect in Relationships

11 – Respect and Tolerance

11 – Becoming Leaders in a Diverse World

## **Responsibility**

9 – Freedom and Responsibility

11 – Leading Your Life Responsibly

11 – Leadership by the People

12 – Choose Your Destiny

## **Restraint**

11 – Respect and Tolerance

## **Self-awareness**

9 – Who Am I?

12 – Being You

## **Self-confidence**

12 – Being You

## **Self-control**

9 – Self-control

11 – Relationship Skills

## **Self-image**

12 – Being You

## **Self-improvement**

9 – Freedom

12 – The Thief and the Mask

## **Service**

12 – Making a Difference through Service

## **Sexuality**

9 – The Teenage Years

10 – Human Sexuality and Integrity

11 – Should You Have Sex Before Marriage?

## **Smoking**

9 – Peer Pressure: Smoking, Drinking and Drugs

## **Social Awareness**

12 – The Individual, Family, and Society

## **Survival**

12 – Groups and Belonging

## **Tolerance**

11 – Respect and Tolerance

## **Transcendence**

9 - Human Nature

## **Value**

10 – How Do I Find My Value?

## **Virtues**

11 – Playing the Romantic Lead in Your Life