# 4<sup>th</sup> Year Badges and Playlists

### H4. HABITS OF MIND 4 BADGE

# Habits of Mind 4 Playlist

## Managing Impulsivity

When someone acts impulsively, they might act quickly using their instincts. Sometimes, having a quick response is important, especially in emergency situations! However, in most other cases, it is also important to manage our impulses and take the time to think through our next steps in order to come up with a thoughtful solution.

# **Finding Humor**

Mary Pettibone Poole once said, "Those who laugh, last." Even when we face serious issues, humor provides another perspective and helps us be more positive. In this lesson, you will learn how to find humor and use it appropriately in different situations.

### Thinking Interdependently

Many minds are better than one! When faced with a difficult problem, we can benefit from working with others and hearing their unique ideas and perspective. In this lesson, you will learn how to think and work interdependently toward group goals.

## Remaining Open to Continuous Learning

Did you know that even after you graduate from school, you will still be required to continue learning? Continuous learning is required at every stage of your life! No matter how much you know, there will always be new challenges to learn from and solve! In this lesson, you will learn how to embrace and enjoy continuous learning.

You will learn about these four goals but you will be choosing one of these Habits of the Mind goals to work on this year. Complete at Least 3 "Highlights" for it.

### Goal - Managing Impulsivity

Develop habits of managing impulsivity by thinking before acting, remaining calm, thoughtful, and deliberative.

#### Goal - Finding Humor

Develop habits in finding humor by finding the whimsical, incongruous, and unexpected. Being able to laugh at one's self.

### Goal - Thinking Interdependently

Develop habits of thinking interdependently by working cooperately with others, open to receive feedback, take on different roles, and move the group toward the goal.

### Goal - Remain Open to Continuous Learning

Develop habits in remaining open to continuous learning by having humility and pride when admitting we don't know and resisting complacency.

### E4. EMOTION, INTELLECT, AND WILL 4 BADGE

# Joy and Fulfillment Guide Playlist

Events in a remarkable story are not random. They are mapped out with a bigger picture in mind.

What are our life's structure and goals? How are we going to find internal peace? How are we going to generate a heavenly environment where we live? What are our priorities?

The discussions in this guide can help bring awareness to these finer aspects of thought.

We need to nourish not just our intellect or will but the heart in our quest to find joy and fulfillment while living meaningful lives.

1. Cornerstone of World Peace	7.	Interconnections
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2.	Interdepend	dence	8.	- 1	Νe	:11-1	Зеі	ทฐ	and	Fu	lfil	lmer	าt in	Lif	e

6. Natural Highs 12. Three Levels of Joy

# **Financial Literacy Playlist**

#### **How Much is Your Time Worth?**

Having a job means getting paid. Do you know what that pay will be? Let's find out what earning a paycheck really means.

### Reading Your Paystub

Have you ever looked at your paycheck and wondered why the amount you get is so much less than the amount you earned? In this lesson, you will learn how to read a pay stub and understand where your money goes.

### **Preparing a Spending Plan**

Creating a spending plan, or personal budget, can help you keep track of your money and spending habits. In this lesson, you will learn how to create a personal budget and save money in order to make big purchases.

### **SPENT**

In this game, learn the economic reality that many families live through daily.

### **Checking Accounts**

When you get a checking account, you will be able to write checks, use a debit card, or take money from an ATM to pay for purchases and bills. In this lesson, you will learn how checking accounts work and how to successfully manage your checking account.

#### **Credit Cards**

Your first venture into a loan will most likely be through a credit card. Credit is borrowing money from a bank, like taking out a loan. In this lesson you will learn the basics about credit cards and how to use a credit card responsibly.

### Financial Aid 101

In this lesson, students will learn about the different types of financial aid that can help pay for college!

#### Student Loans

Student loans are designed to help students pay for school-related fees, such as tuition, school supplies, books and living expenses. In this lesson, you will learn about different types of students loans and how to manage a loan.

### The Basics of Taxes

In this lesson, you will learn the basics of taxes, their importance in society, and how a tax filing works.

### Understanding Taxes - Simulation: Completing Form W-4

This simulation has you completing Form W-4.

# **Passion Into Action Project Playlist**

This project includes the goal to show your social reasoning. As part of your project, include the following action steps. Create highlights to describe how you applied each step during this project.

- Notice how things change over time
- Determine the context by assessing the reliability of the source of information. (Is it a fact, fiction, or creative memory?)
- Develop a persuasive explanation of events and processes based on logical interpretations of evidenceMake hypothesis & design research project
- Collect Data, Analyze Information, Discuss Errors
- Examine a social issue and address diverse viewpoints
- Discuss a moral principle that governs society's behavior
- Gather enough information to make a proper decision

### **Passion into Action Project**

Set up a proposal for a passion project you can pursue. Begin by developing a pre-proposal, and identifying stakeholders and potential funding sources. Develop a real proposal and actually try to make the project a reality.

1. Discover3. Ideate5. Engage

2. Define 4. Create

### A1. SOCIAL REASONING BADGE

### Complete one History or Social Studies Course

(In a traditional school or homeschool.)

In order to receive this badge, complete a total of two History or Social Studies courses.

### Social Reasoning Goal

Complete the Social Reasoning Goal during the Passion Into Action Project

### R4. RECOGNIZING STRENGTHS 4 BADGE

# **Strength-Based Journey 4 Playlist**

### Critical Thinking and Me

Critical thinking is the ability to think clearly and rationally, understanding the logical connection between ideas.

### Turn Your Passion Into a Business

Watch a video about a young entrepreneur and identify the character traits that helped him become successful. Then think of a business you might want to start in the future and determine the character traits you will need to demonstrate in order to be successful.

### Grit, 10,000 Hours and Greatness

How do you become an expert in something? What is the secret to success? It is not what you were born with or where you come from. It is YOUR persistence and determination to put 10,000 hours into your passion.

### Compassion & Social Justice

What do Compassion and Social Justice mean? How do these strengths improve our world?

### **Understanding Design Thinking: High School**

In these 7 lessons you will learn about the Design Thinking Process and develop an understanding of how this process can lead to innovation!

### The High School Resume

Resumes aren't just for getting a job. They can be part of your college application, they can be powerful tools for goal setting and so much more. The High School Resume course shows you how to build your first resume and how to stand out.

## T4. PREPARING FOR LIFE IN SOCIETY BADGE

# **Preparing for Life in Society Playlist**

### **Our Emotional Life**

Cognitive - You will be more aware of the force of emotions in human life. You will recognize that positive human emotions are stronger than negative human emotions. You will understand that it is possible to control one's emotions. Affective - You will be grateful that positive emotions are stronger than negative ones. You will want to cultivate more positive emotions in your lives. You will want to let reason guide your emotions. Behavioral - You will identify and describe different emotions. You will apply the rule that, in matters of love, it is better to follow the head rather than the heart.

### Me and My Shadow

Cognitive - You will recognize that there are two sides to human nature: good and bad. You will be more aware of the fact that the more you "feed" or encourage the good or the bad side, the stronger it will become. You will understand the causal relationship between interacting with media that depict violence and real life conflict. Affective - You will want to "feed" your better side through cultivating positive thoughts and feelings, doing good deeds, serving others, putting others ahead of the self, and controlling the media influences you allow into your minds. Behavioral - You will describe and discuss ways to avoid fanning the flames of conflict and resentment. You will imagine and describe yourselves interacting with the world without your "shadow" side. You will identify and list "shadow" characteristics you would like to change into something "bright." You will chart your progress.

### The Thief and the Mask

Cognitive - You will understand that people can change through your actions. Affective - You will want to take good actions in order to become better people. Behavioral - You will debate whether a person can change for the better through his or her actions. You will describe ways in which you have changed as a result of your actions.

### Searching for Meaning

Cognitive - You will understand that human beings naturally search for meaning in your lives. You will explore different interpretations of the meaning of human life. You will consider the possibility that there is meaning in suffering. Affective - You will be more thoughtful about life. You will acknowledge your own need for meaning. Behavioral - You will describe your lives and the meaning of your lives from a perspective of the end-of-life. You will draw and interpret your lives five years ago, in the present, and in the future.

#### **Happiness**

Cognitive - You will understand that love for the sake of others—not money, knowledge, or power—is the key to happiness. You will recognize that achieving happiness involves overcoming difficulties. You will understand the concept of breaking a large undertaking down into manageable parts. Affective - You will feel determined to strive to lead lives of altruistic love. You will feel encouraged to overcome obstacles in your lives. Behavioral - You will describe difficulties you have faced in your own lives. You will distinguish between good and bad choices when faced with obstacles. You will state, when asked, encouraging maxims.

### **Choose Your Destiny**

Cognitive - You will understand that choices have consequences. You will gain tools to make more responsible choices and decisions. Affective - You will want to make the choices that lead to the best outcomes in the stories and in your lives. Behavioral - You will apply four criteria in hypothetical situations to make good choices. You will describe dilemmas in your own lives in which you had to make a decision. You will compare your decision in the past with one You would make in the present, using the four criteria.

### Commitment and Loyalty

Cognitive - You will understand the importance of commitment and loyalty in sustaining relationships. Affective - You will be determined to practice commitment and loyalty in your relationships. Behavioral - You will distinguish between loyal and disloyal, committed and uncommitted behavior when presented with scenarios. You will describe the role of commitment in your own lives. You will observe a committed and loyal couple and report on your interactions.

### **Groups and Belonging**

Cognitive - You will understand the advantages of belonging to groups. You will understand the disadvantages of belonging to groups. Affective - You will appreciate the support of belonging to groups. You will want to belong to beneficial groups. Behavioral - You will compare how well an individual, as opposed to a group, does in figuring out a survival situation. You will categorize good and bad influences of groups on society. You will describe the kind of group You would like to found.

### A Motto for Life

Cognitive - You will understand what a motto is and learn examples of common mottos. You will understand what a mission statement is and how it directs a person's or a group's actions. Affective - You will want to adopt good mottos and mission statements and be guided by them. Behavioral - You will name your personal motto. You will sort your personal motto into one of three categories. You will distinguish the values implicit in the mission statements of various companies. You will describe your own mission statement.

### Altruistic Love

Cognitive - You will understand that you will be happier when you practice altruistic love—love for the sake of others. Affective - You will be eager to practice altruistic love. Behavioral - You will describe a time when you acted altruistically and a time when someone else acted altruistically. You will act out the story of the Good Samaritan.

### Marriage and Divorce

Cognitive - You will understand that virtues, like altruistic love, will serve you well in marriage. You will understand some causes of divorce. Affective - You will want to prepare for marriage thoughtfully. Behavioral - You will describe ways to practice altruistic love. You will describe what obligations you expect to live up to and that you would like your spouses to live up to. You will distinguish between people in vignettes who are using your reason or heads to make romantic decisions and those who are using your emotions or hearts.

### The Individual, Family, and Society

Cognitive - You will understand that individual moral choices affect families and society. Affective - You will not like the modern princess and will understand that more security and happiness came about when the first princess maintained her morality. Behavioral - You write a short story recreating in modern times the story you study. You will compare and contrast the two princesses in the story. You will compare and contrast the two princesses' impact on the kingdom.

### **Under Fire**

Cognitive - You will understand some of the character qualities of great leaders. Affective - You will want to emulate the great leaders You read about and hear about. Behavioral - You will describe an historical leader whom you admire. You will perform tasks in groups that require leadership and later examine how the leaders emerged.

### I Can Make a Difference

Cognitive - You will understand the "bystander effect" and the power of group or "mob mentality." You will have tools to overcome the "bystander effect" and a "mob mentality"—namely to appeal to a specific person in a crowd. You will understand that it is important to help others in need. Affective - You will feel empathy for people in trouble, especially when no one is helping. You will be determined to be people who "make a difference." Behavioral - You will imagine and describe yourselves as being people who make positive differences in other people's lives. You will imagine yourselves in scenarios that help you to empathize with people who need support and help.

### Making a Difference through Service

Cognitive - You will understand that living for the sake of others is the way to happiness. You will understand the benefits of service to those served and to those who serve. Affective - You will want to be people of service and to experience the joy and satisfaction of being so. Behavioral - You will brainstorm, vote on, and perform a service project. You will describe ways in which people in various professions make a contribution to society.

#### A Life Worth Living

Cognitive - You will reflect upon what life looks like from the point of view of a person whose life is nearly over. You will understand a specific elderly person's point of view about life. You will understand that they already have things they wish they could do over and that you should live so as to avoid regrets later on. Affective - You will empathize with an elderly person and share his or her wisdom. You will be more thoughtful about life and what kind of life you want to lead. Behavioral - You will interview an elderly person about his or her opinions and experiences. You will make a list of things they wish you had done differently in your lives so far.