

Uplifting Education Transcript

Star Student

Social Reasoning Development

	Year 1	Year 2	Year 3	Year 4
Think like an Historian or Anthropologist	x	x	x	x
Look at Diverse Viewpoints, Analyze Social Issues	x	x	x	x
Explore Ethics, Look at Issues Historically	x	x	x	x
Be an Active Citizen in the Community	x	x	x	x

Empirical Reasoning Development

	Year 1	Year 2	Year 3	Year 4
Think Like a Scientist	x	x	x	x
Make Hypothesis and Design Research Projects	x	x	x	x
Collect Data and Analyze Information	x	x	x	x
Discuss Errors	x	x	x	x

Quantitative Reasoning Development

	Year 1	Year 2	Year 3	Year 4
Think Mathematically, Use Numbers to Evaluate Problems, Estimate	x	x	x	x
Represent Data with Formulas, Tables, and Graphs, and Interpret Them	x	x	x	x
Measure Shapes and Create Scale Drawings and Graphs	x	x	x	x
Create and Analyze Budgets, Analyze Data, Find Trends, and Make Predictions	x	x	x	x

Communication and Expression Development

	Year 1	Year 2	Year 3	Year 4
Communicate Ideas, Understand your Audience, Become Influential	x	x	x	x
Listen, Write, Read, and Speak Well	x	x	x	x
Use Technology and Artistic Expression to Communicate	x	x	x	x
Complete an In-Depth Thesis and Project Related to it				x

Personal Qualities Development

	Year 1	Year 2	Year 3	Year 4
Build Skills for Success, Strengthen your Health and Well-being	x	x	x	x
Demonstrate Respect, Responsibility, and Empathy, Work Cooperatively	x	x	x	x
Demonstrate Leadership, Time Management, and Organization	x	x	x	x
Reflect on Abilities, Strive for Improvement	x	x	x	x

Courses Completed With Appropriate Mastery	Year 1	Year 2	Year 3	Year 4
12 Essential Scientific Concepts Course	X			
Turning Points in Modern History Course	X			
Algebra 1	X			
Become a Super Star Student Course	X			
Art of Public Speaking Course	X			
Building a Better Vocabulary Course	X			
Physiology and Fitness Course	X			
History of US (A)		X		
History of US (B)		X		
Analysis and Critique Course		X		
Effective Communication Skills Course		X		
Money Management Skills Course		X		
Customs of the World: Using Cultural Intelligence		X		
Science of Mindfulness Course			X	
Strategic Thinking Skills Course			X	
Chemistry Course			X	
Geometry			X	
Influence: Mastering Life's Most Powerful Skills Course			X	
Piano Lessons	X	X	X	X

Honorable Distinction	Year 1	Year 2	Year 3	Year 4
Learn from Mistakes, Have a Growth Mindset, Read at least 3 Books	X			
Think Globally, Act Locally, Read at least 5 More Books		X		
Be Curious, Ask Questions, Read at least 6 More Books (2 Auto Biographies)			X	
Be Creative, Take Responsibility, Read 9 More Books (1 Auto Biography)				X
Strengthen VIA Virtues and Positive Character Traits	Year 1	Year 2	Year 3	Year 4
· Wisdom and Knowledge (Creativity, Curiosity, Judgment, Love of Learning, Perspective)		X		
· Courage (Bravery, Perseverance, Honesty, Zest)		X		
· Humanity (Love, Kindness, Social Intelligence)		X		
· Justice (Teamwork, Fairness, Leadership)			X	
· Temperance (Forgiveness, Humility, Prudence, Self-Regulation)			X	
· Transcendence (Appreciation of Beauty and Excellence, Gratitude, Hope, Humor, Spirituality)			X	

Honorable Distinction (Continued)

Improve Application of the PERMA Model (Choose four different aspects each year)	Year 1	Year 2	Year 3	Year 4
· P – Positive Emotion (Feeling Optimistic)	x			
· E – Engagement (Finding Flow)		x		
· R – Relationships (Authentic Connections)		x		
· M – Meaning (Purposeful Existence)			x	
· A – Achievement (Sense of Accomplishment)			x	

Improvement

Successful Learner Attributes	Year 1	Year 2	Year 3	Year 4
· enthusiasm and motivation for learning	x			
· determination to reach high standards of achievement	x			
· openness to new thinking and ideas	x			
Successful Learner Capabilities	Year 1	Year 2	Year 3	Year 4
· use literacy, communication, and numeracy skills	x			
· use technology for learning	x			
· think creatively and independently	x			
· learn independently and as part of a group	x			
· make reasoned evaluations	x			
· link and apply different kinds of learning in new situations	x			
Confident Individual Attributes	Year 1	Year 2	Year 3	Year 4
· have self-respect		x		
· a sense of physical, mental and emotional wellbeing		x		
· secure values and beliefs		x		
Confident Individual Capacities	Year 1	Year 2	Year 3	Year 4
· relate to others and manage oneself		x		
· pursue a healthy and active lifestyle		x		
· be self-aware		x		
· develop and communicate personal beliefs and view of the world		x		
· live as independently as possible		x		
· assess risk and make informed decisions		x		
· achieve success in different areas of activity		x		

Improvement (Continued)

Responsible Citizen Attributes	Year 1	Year 2	Year 3	Year 4
· respect for others			x	
· commitment to participate responsibly in political, economic, social, and cultural life			x	
Responsible Citizen Capacities	Year 1	Year 2	Year 3	Year 4
· develop knowledge and understanding of the world and one's place in it			x	
· understand different beliefs and cultures			x	
· make informed choices and decisions			x	
· evaluate environmental, scientific and technological issues			x	
· develop informed, ethical views of complex issues			x	
Effective Contributor Attributes	Year 1	Year 2	Year 3	Year 4
· an enterprising attitude				x
· resilience				x
· self-reliance				x
Effective Contributor Capacities	Year 1	Year 2	Year 3	Year 4
· communicate in different ways and different settings				x
· work in partnership and in teams				x
· take the initiative and lead				x
· apply critical thinking in new concepts				x
· create and develop				x
· solve problems				x

Personal Success Plan

	Year 1	Year 2	Year 3	Year 4
Complete the LTI (Learning Through Internship) Prep Course	x			
Complete the Personal Success Plan Course	x			
Complete the Personal Success Project	x			
Complete the Personal Success Presentation	x			

Successful Habits

	Year 1	Year 2	Year 3	Year 4
Interest Based Book Reading Habit	x			
Make Plans, Set Goals	x			
Complete the Passion, Perseverance, Purpose, and Positivity Course	x			
Weekly Journaling Habit	x			

Autobiographical Prospection

	Year 1	Year 2	Year 3	Year 4
Completed Contemplations from “Our Stories”				X
Read at Least 3 Autobiographies				X
Write a 75-100-page Autobiography				X
Complete a Post-School Plan				X

Developing Character

	Year 1	Year 2	Year 3	Year 4
Become a Person of Good Character	X			
Explore One's Purpose in Life	X			
Learn about Growth, Human Nature, and Conscience	X			
Discuss Freedom, Responsibility, and Self-Control	X			

Building Successful Relationships

	Year 1	Year 2	Year 3	Year 4
Consider Personal Values and Ask “Who am I?”		X		
Resolve Conflicts and Practice Forgiveness		X		
Develop Good Relationships and Learn Communication Skills		X		
Prepare for Marriage and Family Life		X		

Developing Leadership Skills

	Year 1	Year 2	Year 3	Year 4
Discuss Leading your Life Responsibly			X	
Practice Respect, Become Altruistic			X	
Consider Moral Leadership			X	
Develop Care for the Natural World			X	

Preparing for Life in Society

	Year 1	Year 2	Year 3	Year 4
Develop a Motto for Your Life				X
Consider Challenges in Life				X
Develop Commitment and Loyalty				X
Make a Difference Through Service				X

Awards

Date Received

Honorable Distinction Award	6/10/2015
Expansion of Heart and Mind Award	6/10/2015
Academic Excellence Award	6/12/2014
Realization of Successful Grit Award	6/10/2015
Training for Good Character Award	6/10/2015
Ambassador for Peace Internship Award	6/10/2015
Ambassador for Peace Service Award	6/10/2015

Uplifting Education of Heart Certificate

Date Received

6/10/2015
